



From: Principal & Secretary

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Dhaniakhali, Hooghly, 712302

Sarat Centenary College

Dhaniakhali, Hooghly

Founded: 1976

Re-Accredited by NAAC (CGPA: 2.33)

Recognised Under UGC 2F&12B

WB Govt. Aided

Affiliated to The University of Burdwan

No. _____

Date: 04-05-2023

NOTICE

Department of Physical Education

Programme for B.A. Semester-I, Physical Education General Practical Examination 2022 (CBCS) of the University of Burdwan.

<i>B.A Physical Education General</i>			
<i>Date</i>	<i>Paper</i>	<i>Time</i>	<i>Venue</i>
<i>16.05.2023</i>	<i>CC-1A (20 Marks)</i>	<i>11.30 am</i>	<i>Sarat Centenary College</i>

Relevant Documents:

- 1. Original Registration Certificate.*
- 2. Original Admit Card of SEM-I General Examination 2022.*
- 3. Practical Record Book.*

N.B-All the examinees must be present on the respective dates mentioned above with proper uniforms and report 30 minutes before of scheduled time.

04/05/2023

H.O.D.


Department of Physical Education



Dr. Sandip Kumar Basak
Principal

Principal & Secretary
Sarat Centenary College
Dhaniakhali, Hooghly





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Date: 09.08.2023

DEPARTMENT OF PHYSICAL EDUCATION

NOTICE

Programme for B.A. Semester-IV, Physical Education General Practical Examination 202 (CBCS) of the University of Burdwan.

B.A Physical Education General			
Date	Paper	Time	Venue
17.08.2023	CC-ID (20 Marks) Lab Practical	11.00 am	Sarat Centenary College
17.08.2023	SEC-2 (40 Marks) Yoga and Gymnastics	11.00 am	Sarat Centenary College


Relevant Documents:


- Original Registration Certificate.
- Original Admit Card of SEM-IV General Examination 2022-23.
- Practical Record Book.

N.B-All the examinees must be present on the respective dates mentioned above with proper uniforms and report 30 minutes before of scheduled time.

J. K. Banerjee

Principal & Secretary
Sarat Centenary College
Dhaniakhali, Hooghly





Sukumar Das

Mr. Sukumar Das
Signature of HOD
Dept. of Physical Education



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Date: 15.05.2023

NOTICE

Department of Physical Education


This is to notify that the Internal Examination of 4th & 6th Semester, General, all the students of Physical Education will be held through assignment (Projects Writing). All the Projects should be submitted to the departmental teachers as per given below:

1. Sem-IV (General) by 23 May 2023
2. Sem-VI (General) by 24 May 2023

Semester	Course Code	Course title	Topic (Any two 2)	Teachers
Sem-IV (4 th)	CC1D	Health Education, Physical Fitness and Wellness	1. World health Organization (WHO) 2. Diabetes Management 3. Importance of Physical Fitness	SD
	SEC-2	Gymnastic and Yoga	1. Short note on Asanas 2. Short note on Pranayama 3. Short note on Kapalbhathi	
Sem-VI (6 th)	DSE-2	Psychology in Physical Education and Sports	1. Importance and Scope of Psychology 2. Theories and Laws of Learning 3. Stress Management	PS
	SEC-4	Ball Games (Football and Handball)	1. Draw a football ground with all measurement 2. Draw a Handball ground with all measurement	

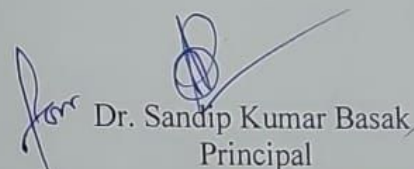
Students are requested to follow the instruction:

- ❖ Use A-4 Size paper.
- ❖ Projects should be written in hand Writing by the Examinee.
- ❖ The front page of the Project must be contained the College name, Candidate's name, Candidate's University Roll Number & Course Name.

 15.05.2023

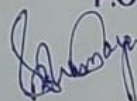
HOD, Dept. of Physical Education




Dr. Sandip Kumar Basak
Principal

Principal & Secretary,
Sarat Centenary College

P.O.- Dhaniakhali, Dist- Hooghly



SARAT CENTENARY COLLEGE



DHANI AKHALI, HOOGHLY, WB, PIN – 712302

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Date: 17.01.2023

DEPARTMENT OF PHYSICAL EDUCATION

NOTICE

Programme for B.A. Semester-V, Physical Education General Practical Examination 2022 (CBCS) of the University of Burdwan.

B.A Physical Education General

Date	Paper	Time	Venue
30.01.2023	SEC-3 (40 Marks)	11.00 am	Sarat Centenary College
30.01.2023	DSE-1 (20 Marks)	11.00 am	

Relevant Documents:

1. Original Registration Certificate.
2. Original Admit Card of SEM-V General Examination 2022.
3. Practical Record Book.

N.B-All the examinees must be present on the respective dates mentioned above with proper uniforms and report 30 minutes before of scheduled time.

Dr. Sandip Kumar Basak

Countersignature by Principal & Secretary

Principal & Secretary
Sarat Centenary College
Dhaniakhali, Hooghly

Mr. Sukumar Das

Signature of HOD

Dept. of Physical Education

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Date: 17.07.2023

NOTICE

Department of Physical Education

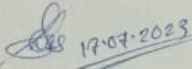
This is to notify that the Internal Examination of 2nd Semester, General, of Physical Education will be held through assignment submission (Projects Writing). All the Projects should be submitted to the departmental teachers as per given below:

Semester	Course Code	Course title	Topic	Teachers
Sem-II (2nd)	CC-1B	Management of Physical Education and Sports	1. Definition of Management. Discuss in brief about different types of Tournaments. 2. Meaning and definition of Leadership. Explain qualities of a good leader in Physical Education.	SD,PS

Project should be Submitted on 22.07.2023

Students are requested to follow the instruction:

- ❖ Use A-4 Size paper.
- ❖ Projects should be written in hand Writing by the Examinee.
- ❖ The front page of the Project must be contained the College name, Candidate's name, Candidate's University Roll Number & Course Name.


HOD, Dept. of Physical Education




Dr. Sandip Kumar Basak

Principal

Principal & Secretary,
Sarat Centenary College
P.O. Dhaniakhali, Dist. Hooghly

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Website: www.sccollegednk.org.in ; www.sccollegednk.ac.in

No. _____

Date: 24-01-2023

NOTICE

DEPARTMENT OF PHYSICAL EDUCATION

Programme for B.A. Semester-III, Physical Education General Practical Examination 2022 (CBCS) of the University of Burdwan.

<i>B.A Physical Education General</i>			
<i>Date</i>	<i>Paper</i>	<i>Time</i>	<i>Venue</i>
02.02.2023	SEC-1 (40 Marks)	11.00 am	<i>Sarat Centenary College</i>
02.02.2023	CC-1C (20 Marks)	11.00 am	

Relevant Documents:

1. *Original Registration Certificate.*
2. *Original Admit Card of SEM-III General Examination 2022.*
3. *Practical Record Book.*

N.B-All the examinees must be present on the respective dates mentioned above with proper uniforms and report 30 minutes before of scheduled time.

24/01/2023
H.O.D.

Department of Physical Education

Dr. Sandip Kumar Basak
Principal

Principal & Secretary
Sarat Centenary College
Dhaniakhali, Hooghly

